

Roots, rocks, mycorrhizae: How plants mine **Phosphorus** from soil



Dr. Roland Wilhelm
Assistant Professor
Agronomy Department

1

1



Unlocking P in Three Key Lessons

Lesson I. Roots, Rocks, and Mycorrhizae

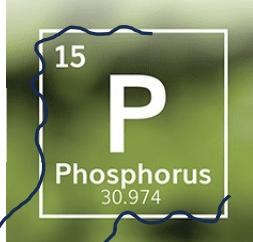
- An introduction to the belowground biological players

Lesson II. Agronomic Benefits from Symbiosis

- An overview of the ROI from nurturing soil biology

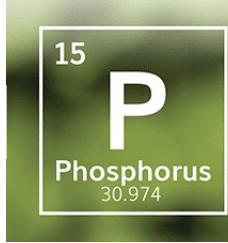
Lesson III. Managing P efficient Soils

- Best practices to support biological P supply



2

Unlocking P in Three Key Lessons



Lesson I. Roots, Rocks, and Mycorrhizae

- An introduction to the belowground biological players

Lesson II. Agronomic Benefits from Symbiosis

- An overview of the ROI from nurturing mycorrhizae

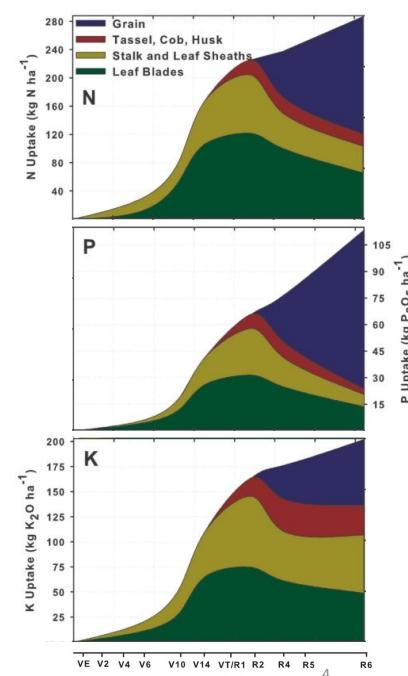
Lesson III. Managing P efficient Soils

- Best practices to support biological P supply

3

3

- **P** is the most exported nutrient during grain harvest.

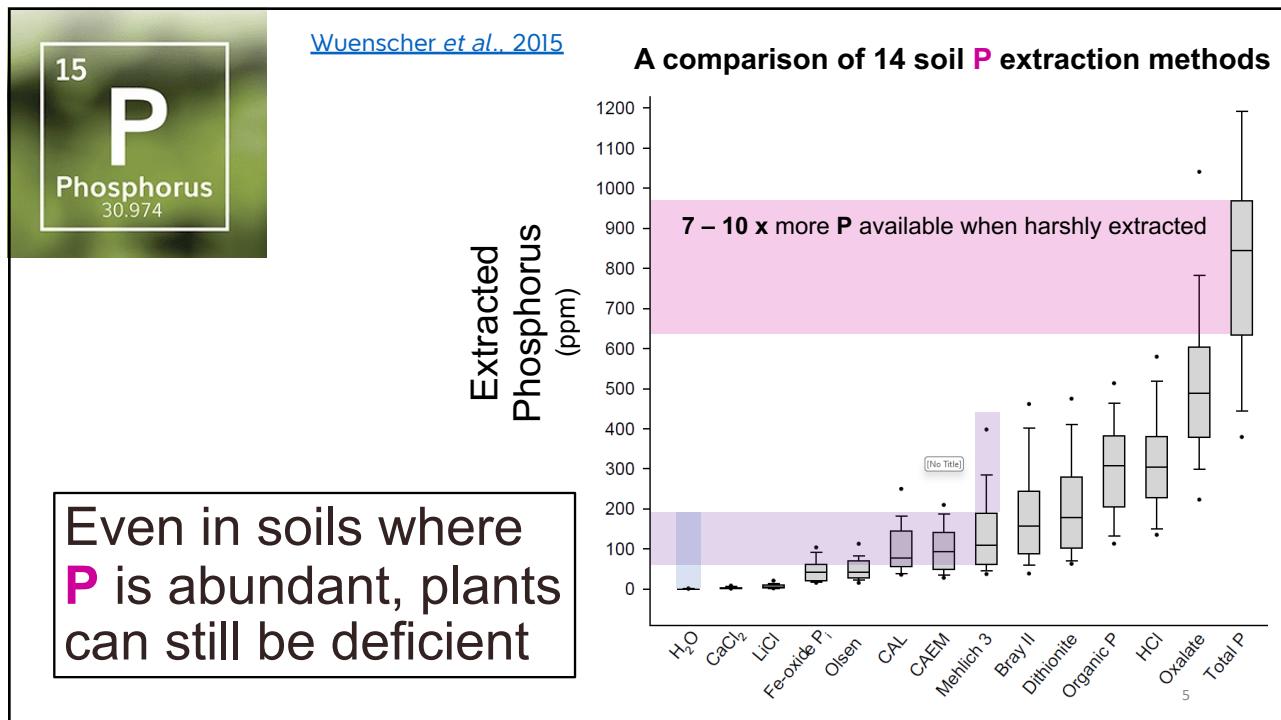


| Nutrient | Total corn uptake (unit / acre) | Total grain removal (unit / acre) | Harvest index (%) |
|--|---------------------------------|-----------------------------------|-------------------|
| N (lb) | 256 | 148 | 58 |
| P₂O₅ (lb) | 101 | 80 | 79 |
| K ₂ O (lb) | 180 | 59 | 32 |
| S (lb) | 23 | 13 | 57 |
| Mg (lb) | 52 | 15 | 29 |

[Bender et al., 2013](#)

4

2



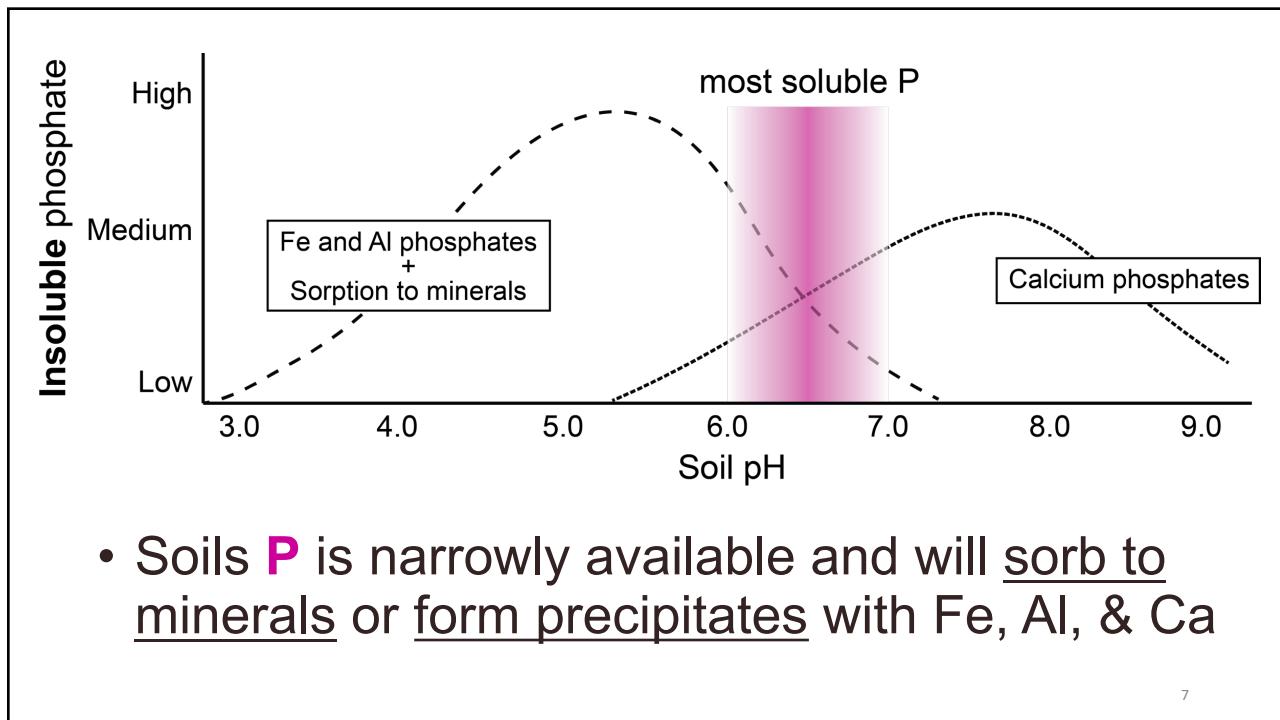
5



- In ag soils, P is locked up in or stuck on minerals (with a lesser sum bound-up in organic matter).

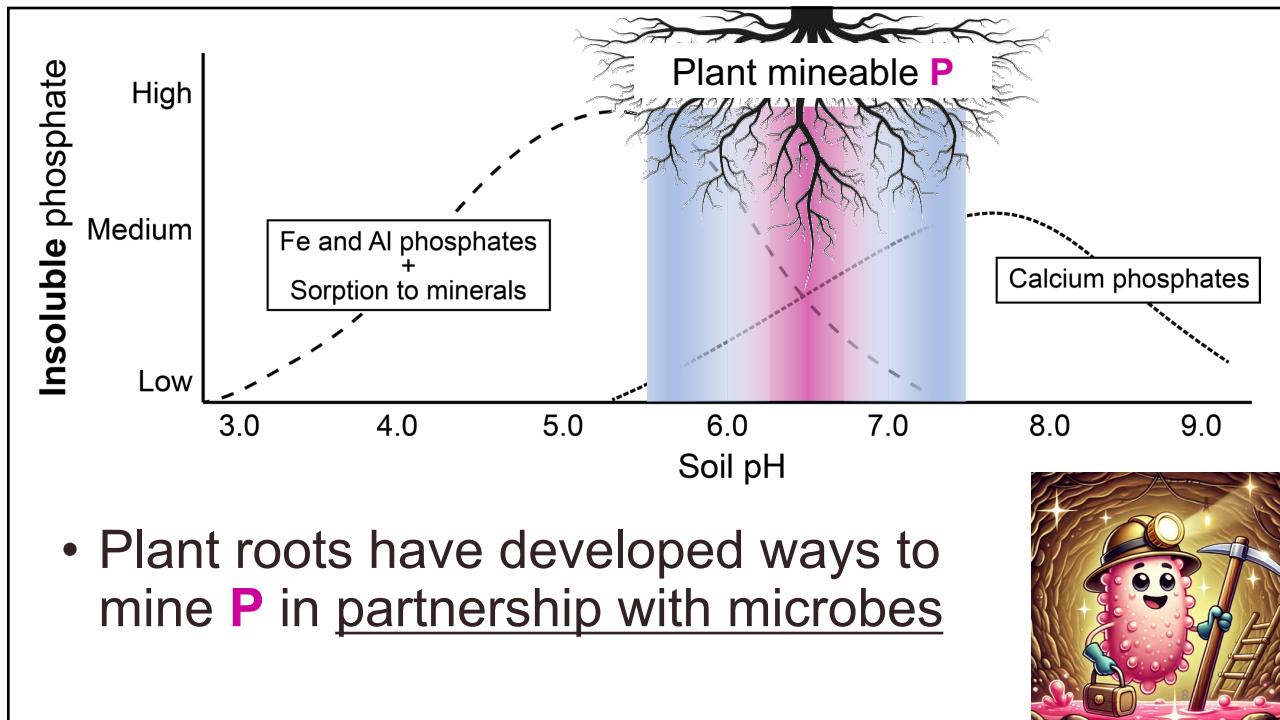
6

6



7

7



8

4

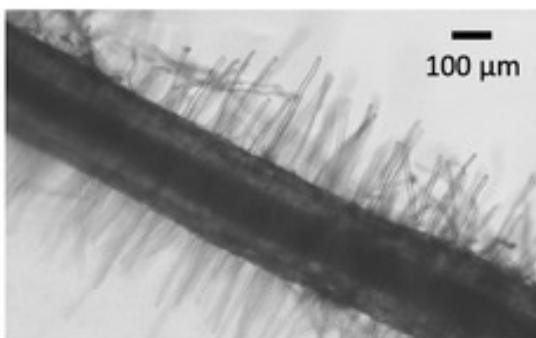
Plant extraction process

9

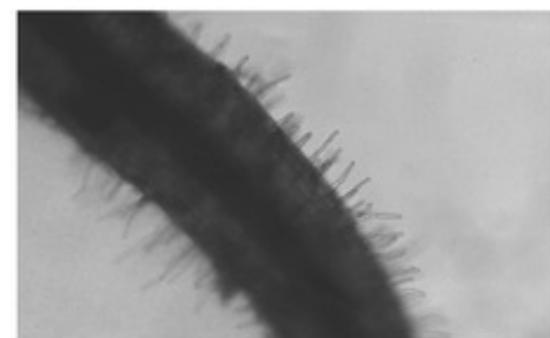
9

theme alert

- Mining is a **dynamic process**, with more fine roots grown when **P** is limiting



P limiting conditions



P surplus conditions

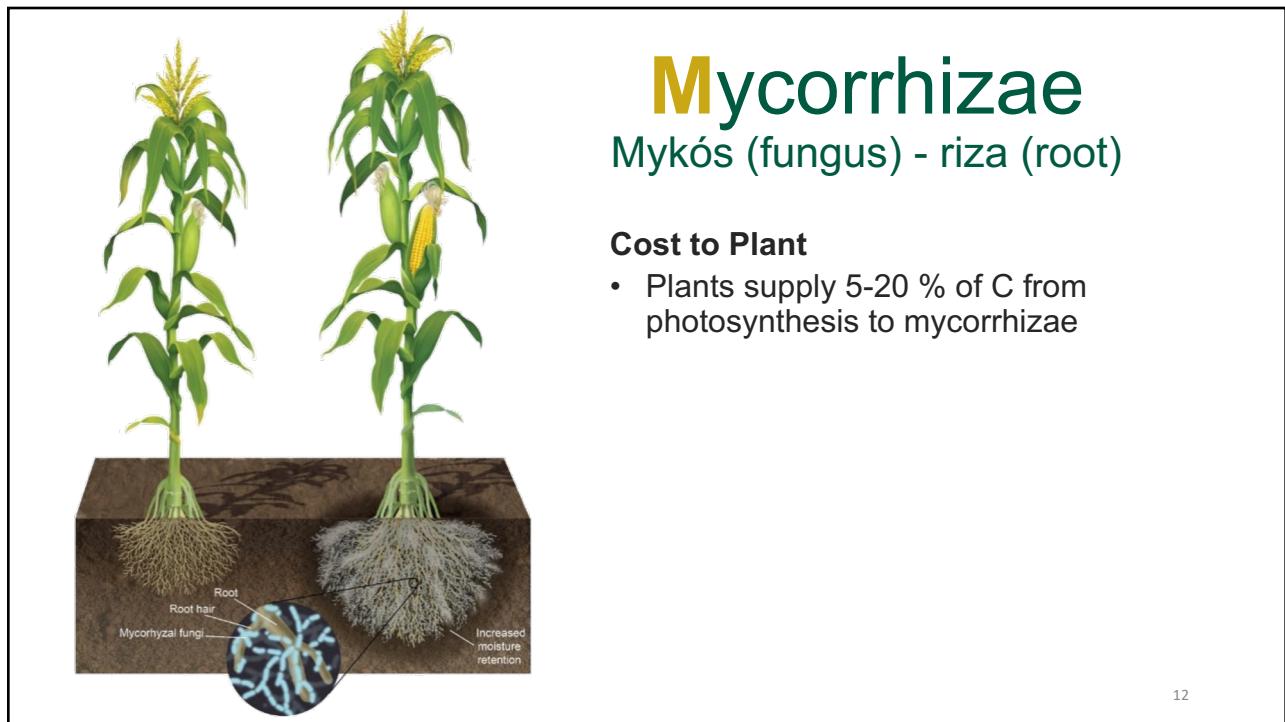
[Ma et al. 2001](#)

10

10



11



12



Mycorrhizae

Mykós (fungus) - riza (root)

Cost to Plant

- Plants supply 5-20 % of C from photosynthesis to mycorrhizae

Benefits to Plant (and Farmer!)

- increase absorptive root surface area
- solubilize ('mine') minerals, like **P**
- enhance drought tolerance
- Improved disease resistance

13

13

- Mycorrhizae extend the root area upwards of **10 to 70-fold**




14

14

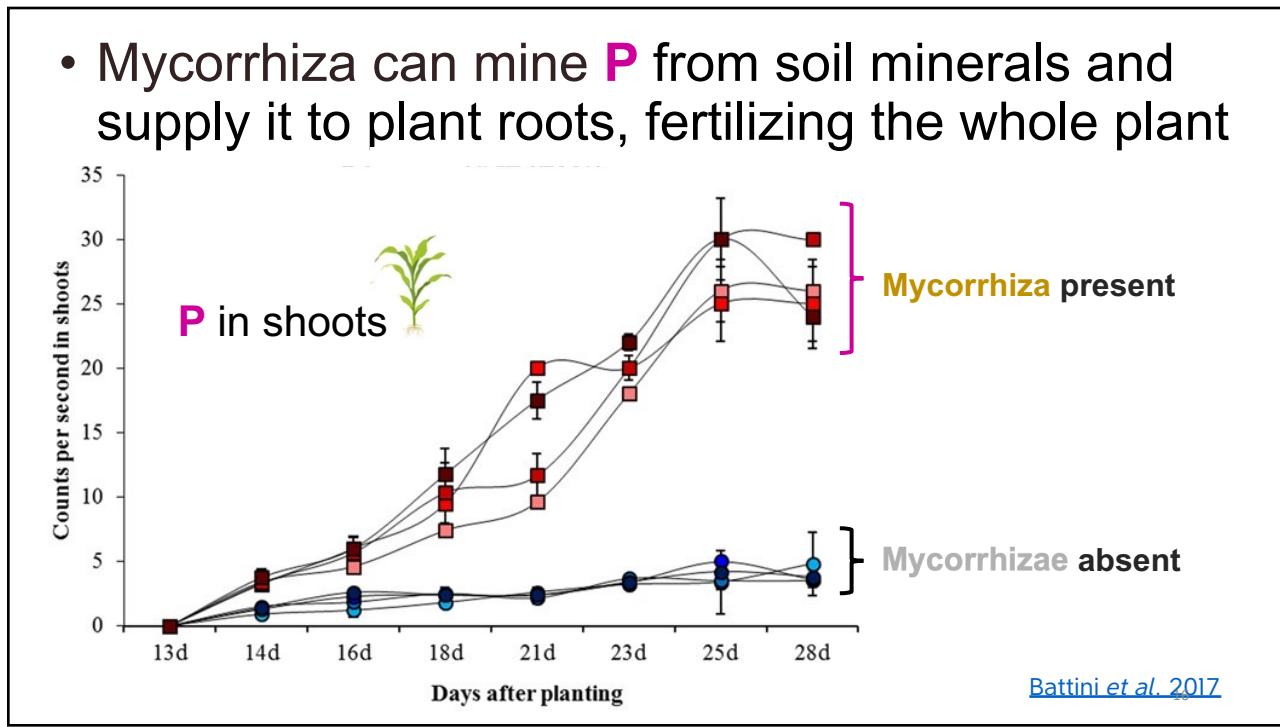
- Mycorrhiza extract mineral **P** from soil to supply the plant roots in **return for sugar**

[Qi et al., 2022](#)



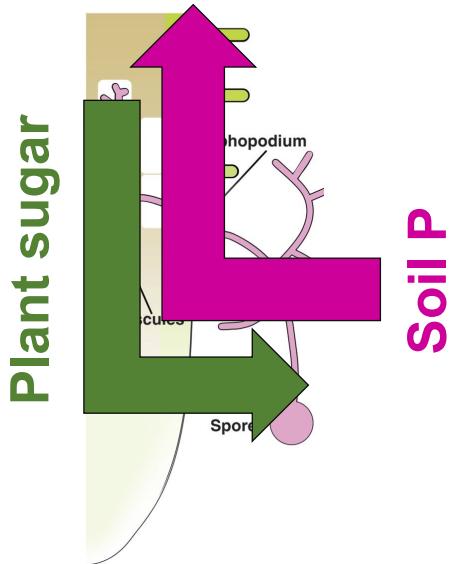
15

- Mycorrhiza can mine **P** from soil minerals and supply it to plant roots, fertilizing the whole plant



16

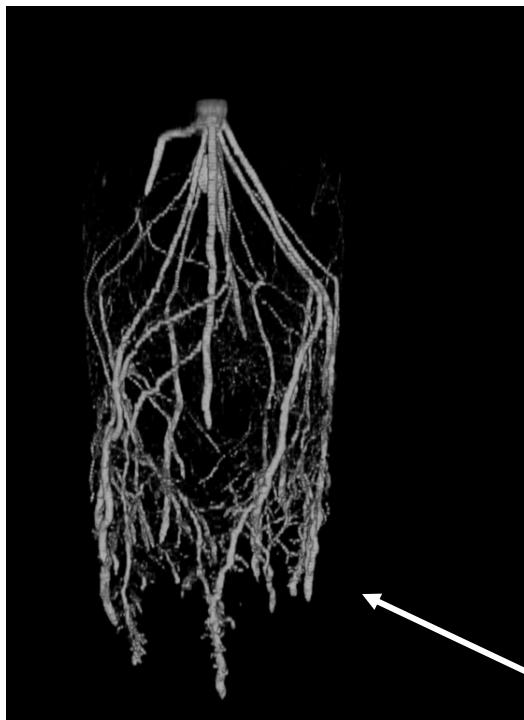
Mycorrhizae



- Mycorrhiza are fed by the plant in the form of **sugar**

17

17



Mycorrhizae

- Mycorrhiza are fed by the plant in the form of **sugar**
- Plants transfer sugar to roots to **sustain microbial partnerships**.

Real-time tracking of the movement of sugar from **above to belowground** in corn.

18

18

Arbuscular Mycorrhizae

- Most mycorrhiza **live inside root cells** and form an 'arbuscule'
- The arbuscule is the site of nutrient exchange.

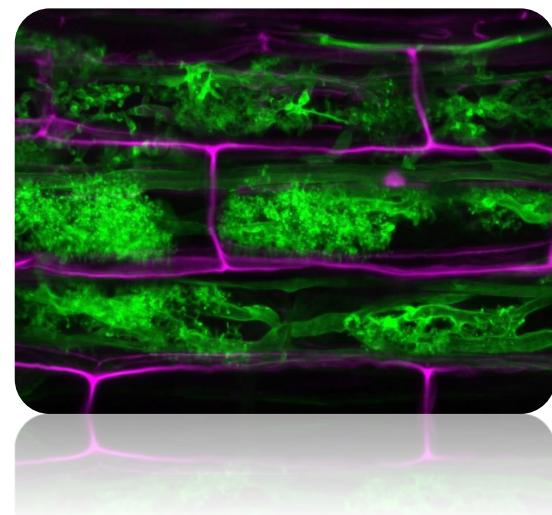


19

19

Arbuscular Mycorrhizae

- Most mycorrhiza **live inside root cells** and form an 'arbuscule'
- The arbuscule is the site of nutrient exchange.



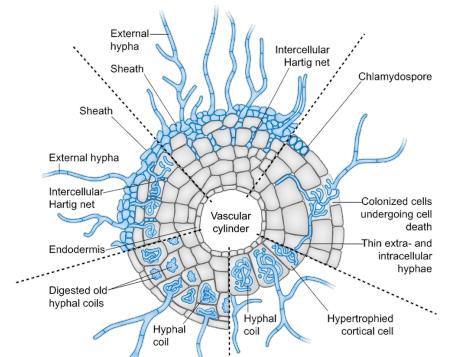
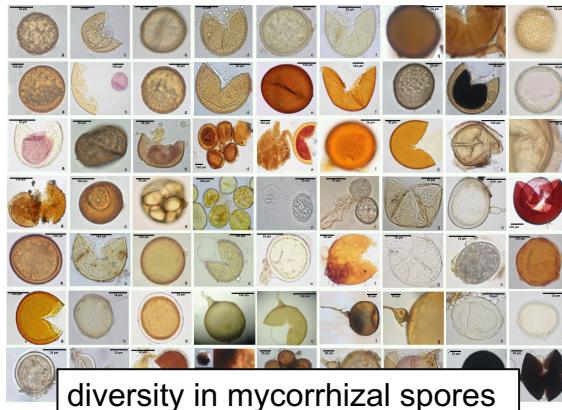
Arbuscular mycorrhizae are called “AM” or “AMF” and are common crop bioinoculants.

20

20

Two things to know about AM

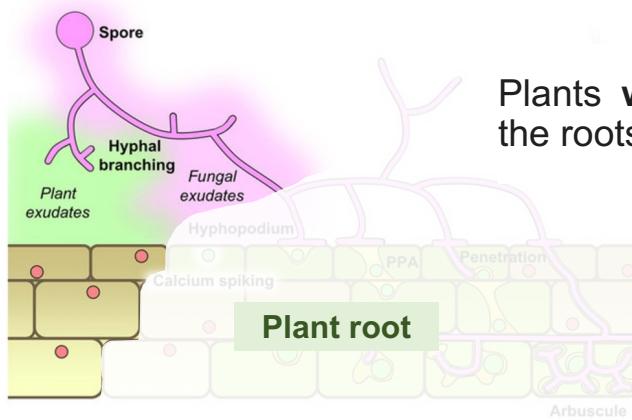
- There are lots of different types of AM fungi
- The partnerships are dynamic and managed by plants



21

Two things to know about AM

- There are lots of different types of AM fungi
- The partnerships are dynamic and managed by plants



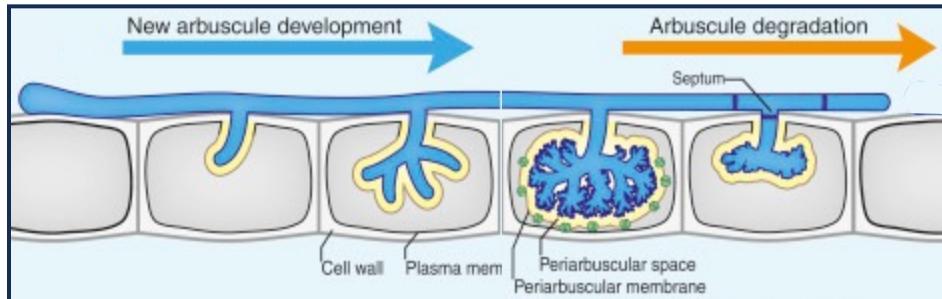
Plants **wake up AM spores** as the roots grow through soil.

22

22

Two things to know about AM

- There are lots of different types of AM fungi
- The partnerships are dynamic and managed by plants



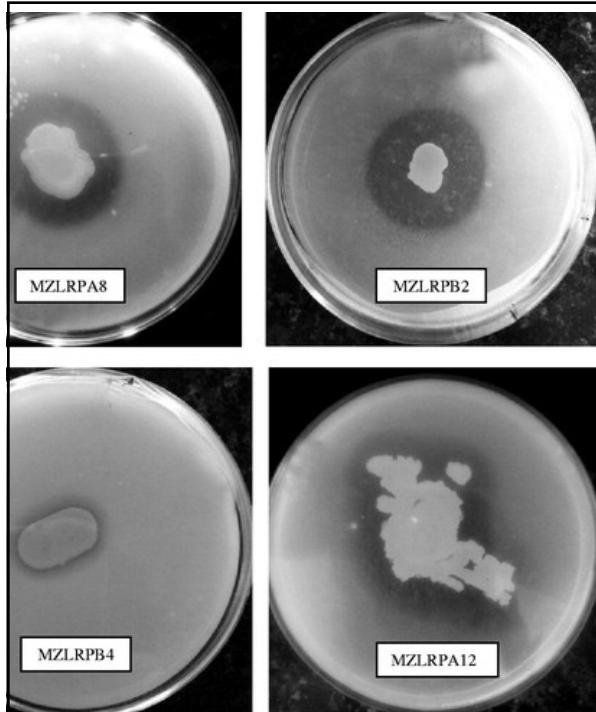
Plants let AM colonize roots when they are P starved & evict them when they are not needed.

23

23



24

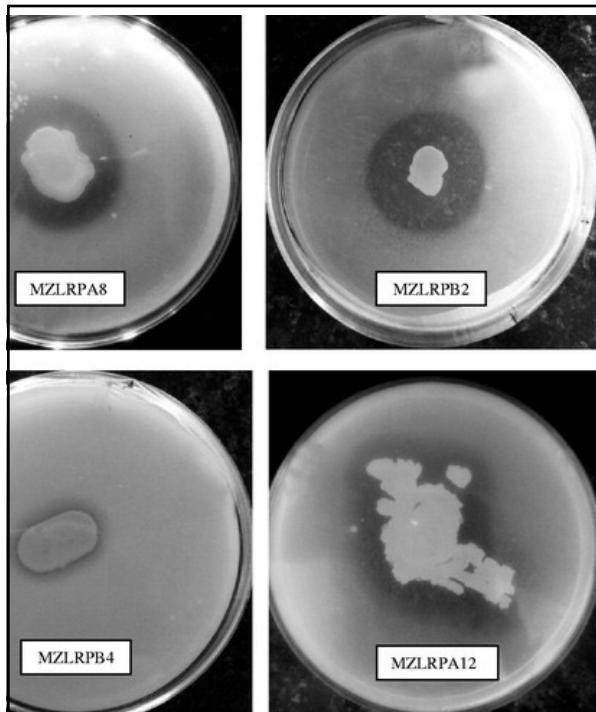


Helper Bacteria

- Mycorrhizae rely on bacteria to mine **P** from minerals
also called “**P** solubilization”

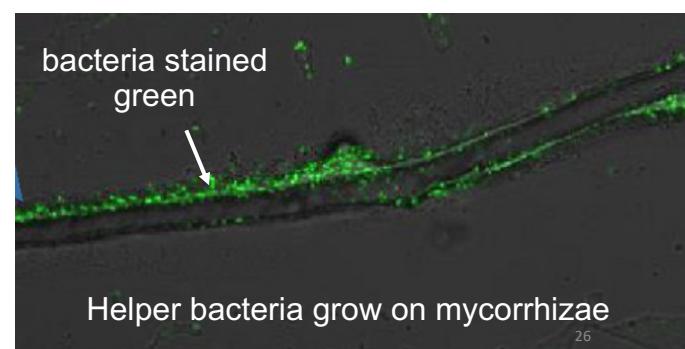
25

25



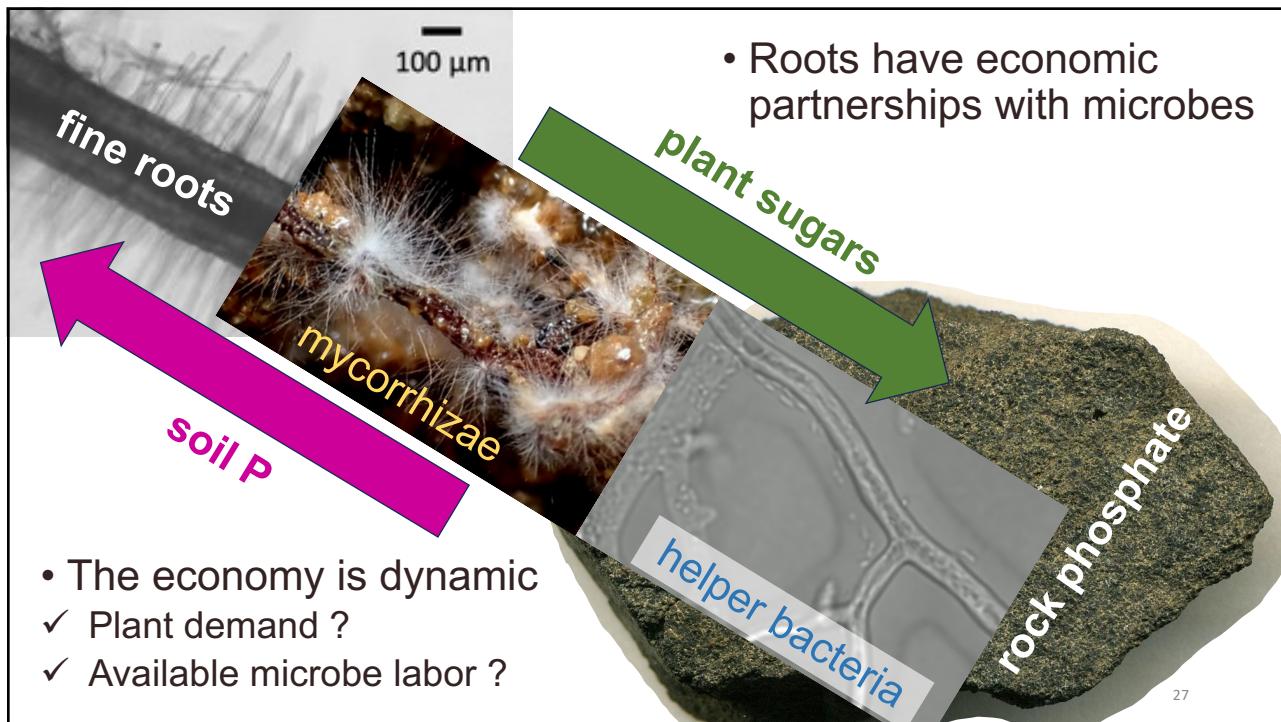
Helper Bacteria

- Mycorrhizae rely on bacteria to mine **P** from minerals
also called “**P** solubilization”



26

26



27

Unlocking P: Three Key Lessons

Lesson I: Roots, Rocks, and Mycorrhizae

- An introduction to the belowground biological players

Lesson II: Agronomic Benefits from Symbiosis

- An overview of the ROI from nurturing mycorrhizae

Lesson III: Managing P efficient Soils

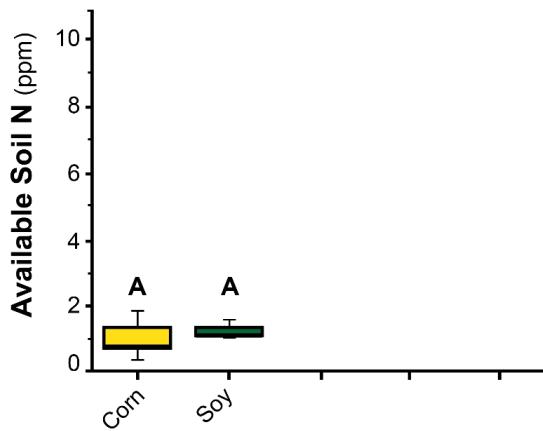
- Best practices to support biological P supply

15 P Phosphorus 30.974

28

28

- Let's start with a more familiar symbioses. How much **nitrogen** is provided by **rhizobia**?

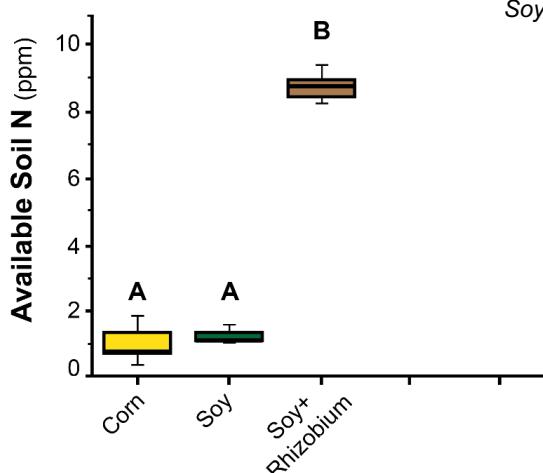


[Qin et al. 2023](#)



29

- Do mycorrhizae impact plant-available N ?

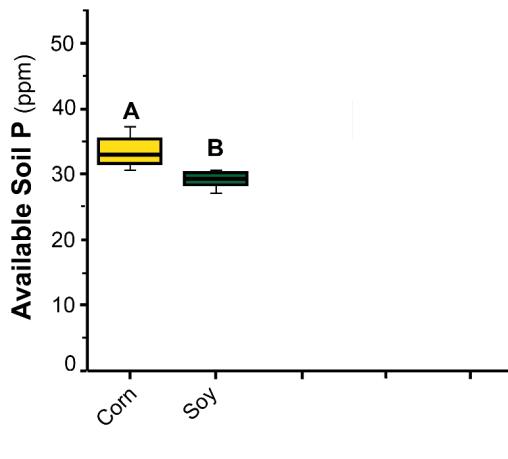


[Qin et al. 2023](#)

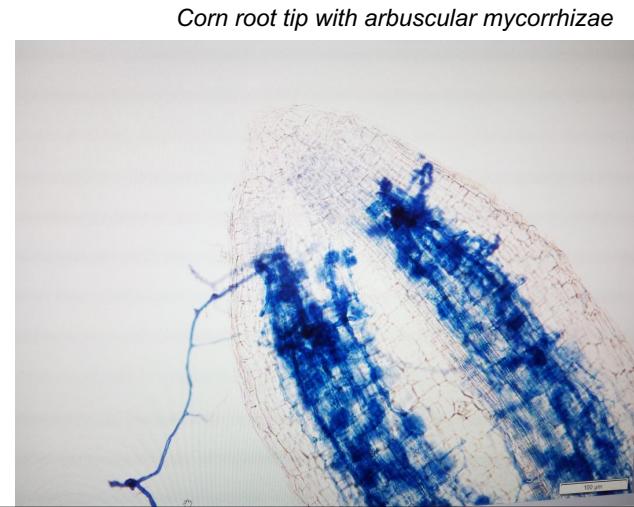


30

- Ok, how much **P** is mined from soil minerals by arbuscular mycorrhizae (AM)?

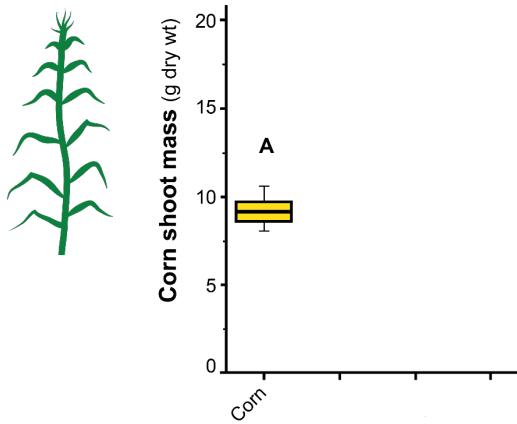


[Qin et al. 2023](#)



31

- What impact does AM have on **corn growth**?

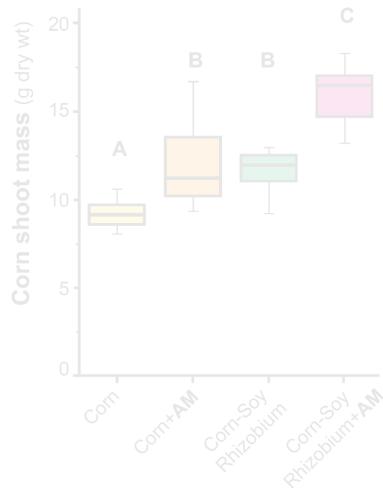


[Qin et al. 2023](#)

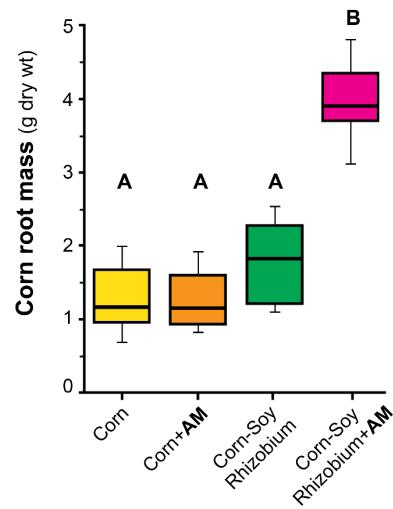
32

32

- What impact does AM have on **corn growth?**

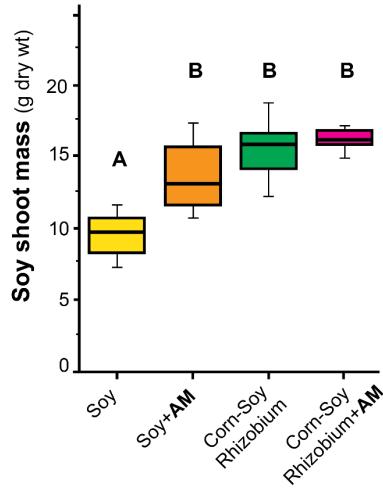


[Qin et al. 2023](#)



33

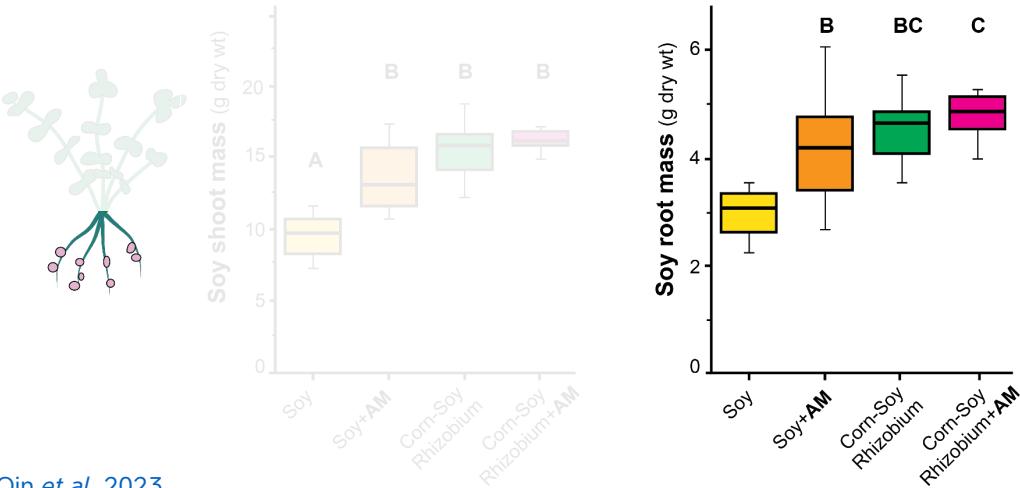
- What impact does AM have on **soy growth?**



[Qin et al. 2023](#)

34

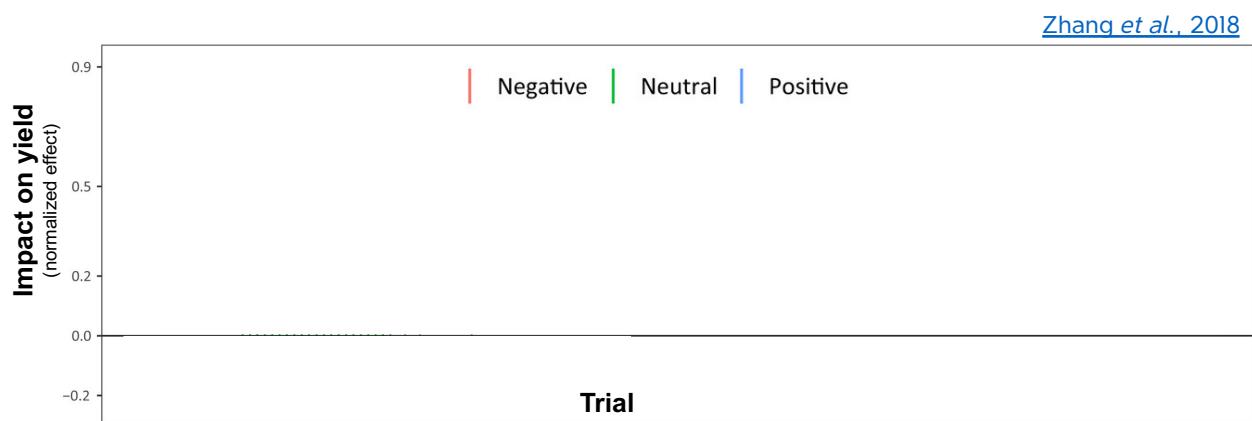
- What impact does AM have on soy growth?



35

35

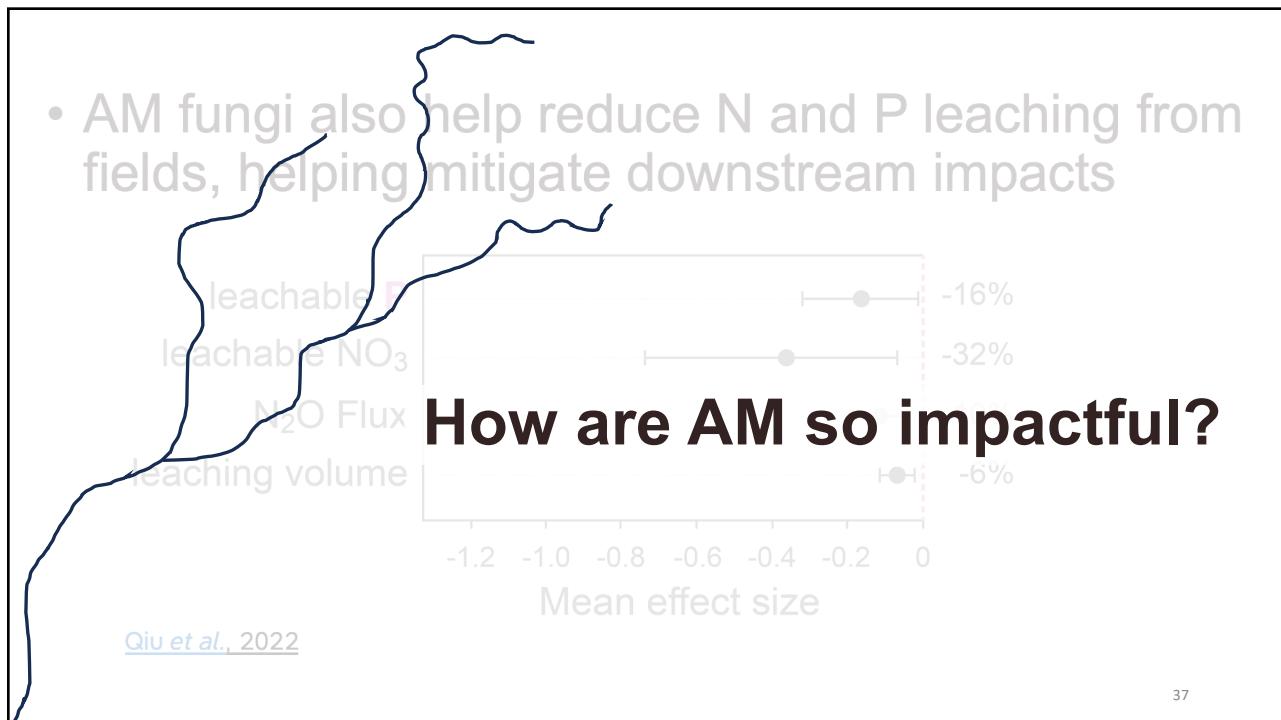
- What impact do AM fungi have on yield?



- In a majority of 168 trials, the incidence or inoculation of AM led to a **consistent yield bump**.

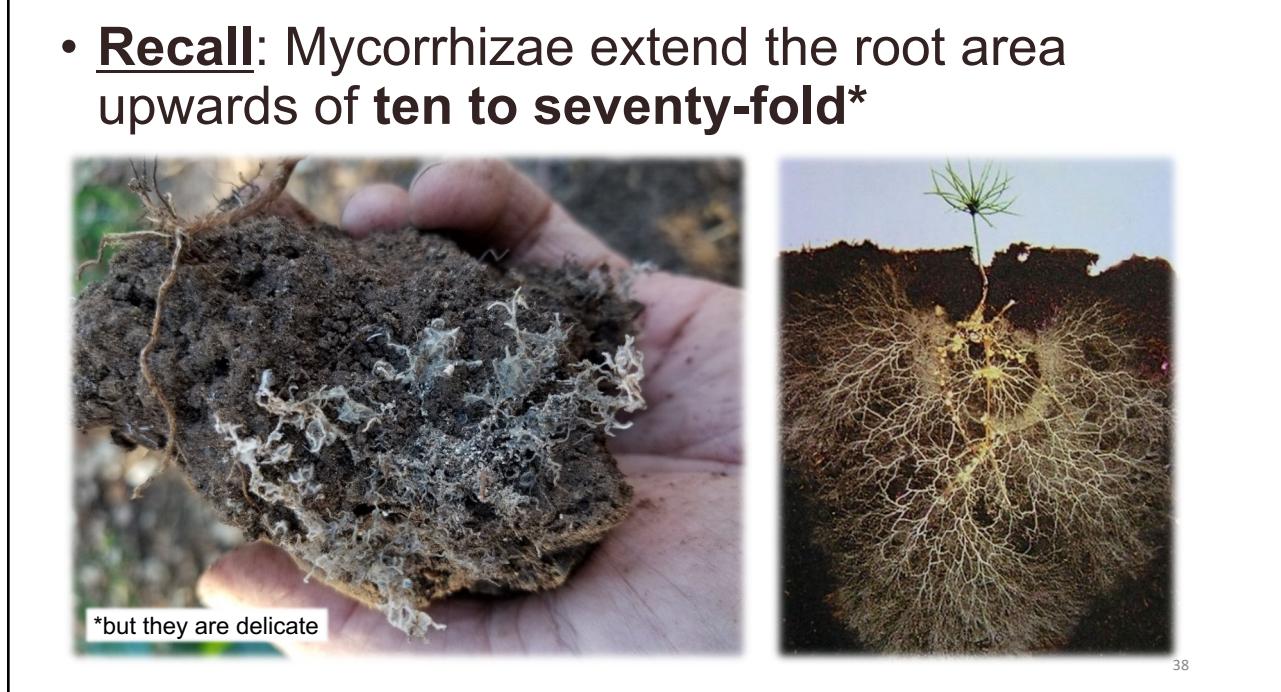
36

36



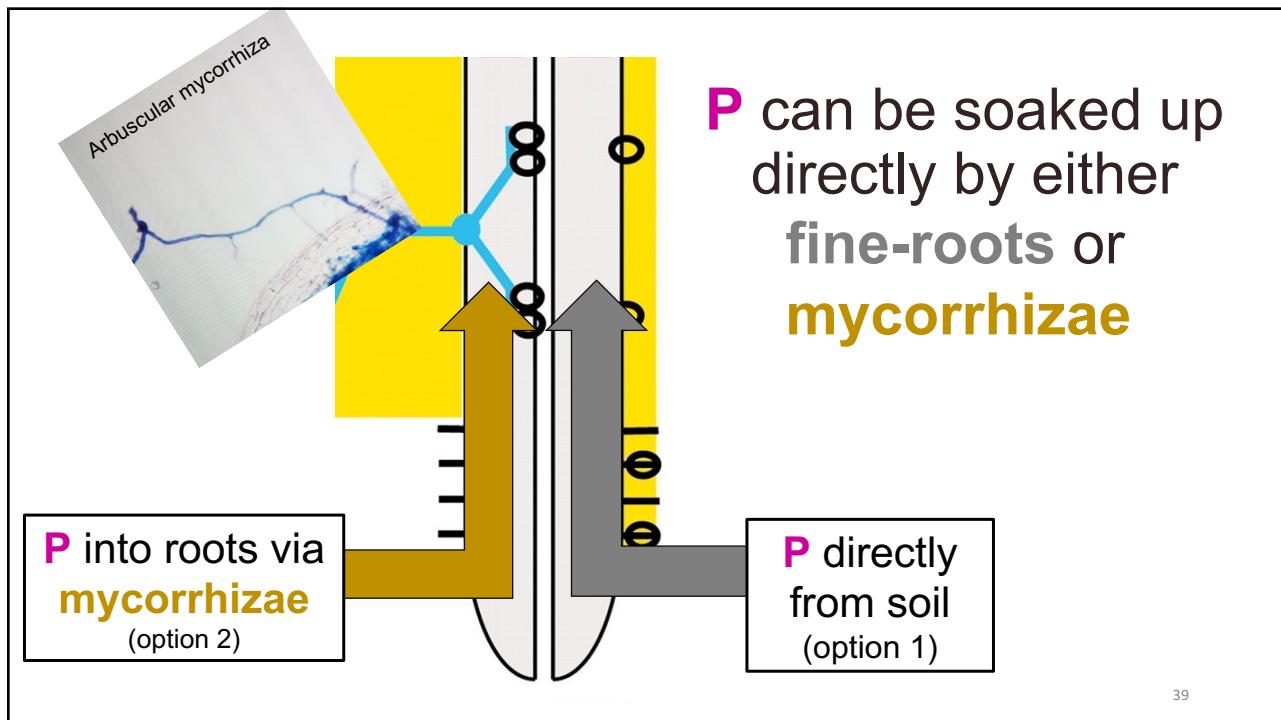
37

37



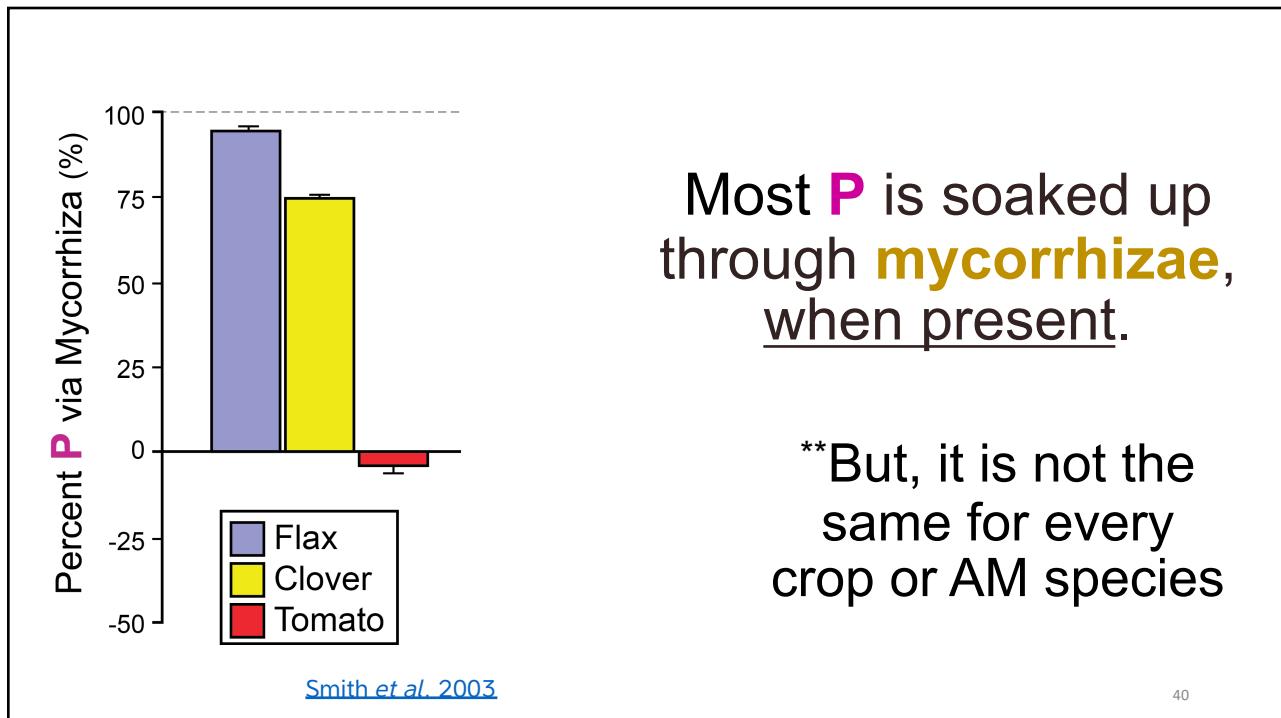
38

38



39

39



40

40



Mycorrhizae

Mykós (fungus) - riza (root)

Cost to Plant

- Plants supply 5-20 % of C from photosynthesis to mycorrhizae

Benefits to Plant (and Farmer)

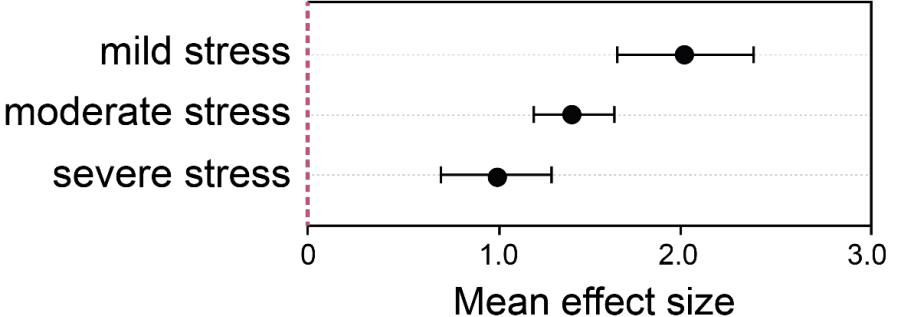
- increase absorptive root surface area
- solubilize ('mine') minerals
- enhance **drought tolerance**
- suppress pests and diseases

41

41

- AM fungi remain partners with plants even during severe drought stress, providing enhanced access to water and photosynthetic activity.

Effect of drought on AM colonization



| Stress Level | Mean Effect Size |
|-----------------|------------------|
| mild stress | ~2.1 |
| moderate stress | ~1.6 |
| severe stress | ~1.0 |

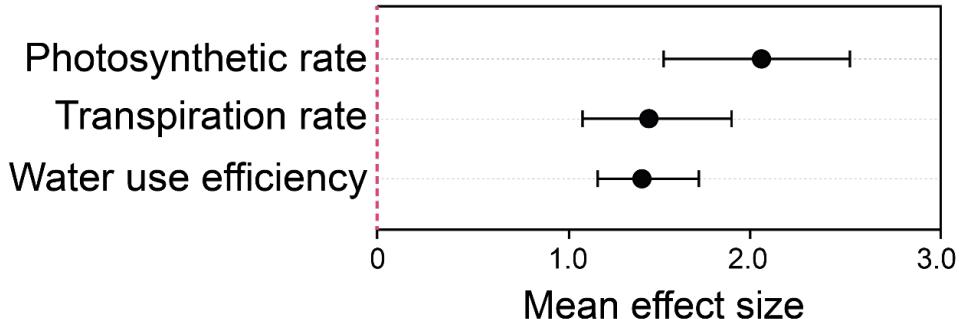
[Chandrasekaran, 2024](#)

42

42

- AM fungi remain partners with plants even during severe drought stress, providing enhanced access to water and photosynthetic activity.

Effect of AM on droughted plants



[Chandrasekaran, 2024](#)

43

43



Mycorrhizae

Mykós (fungus) - riza (root)

Cost to Plant

- Plants supply 5-20 % of C from photosynthesis to mycorrhizae

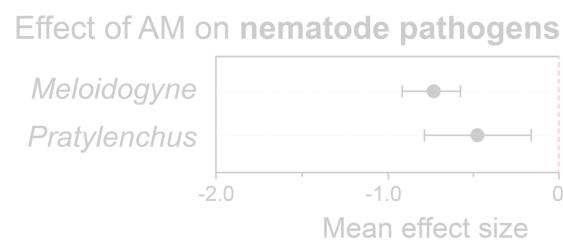
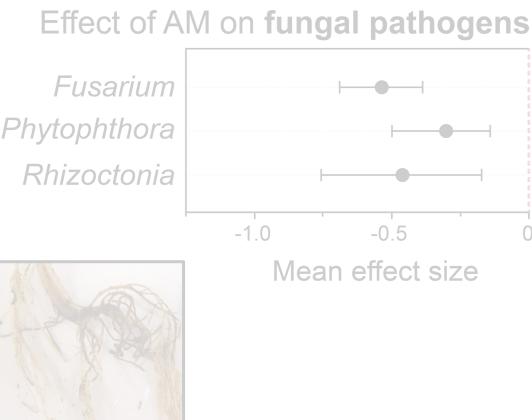
Benefits to Plant (and Farmer)

- increase absorptive root surface area
- solubilize ('mine') minerals
- enhance drought tolerance
- suppress **pests and diseases**

44

44

- AM suppress root diseases by outcompeting pathogens for nutrient and shielding roots.



[Rilling and Veresoglou, 2011](#)

45

45

Unlocking P: Three Key Lessons

15 P
Phosphorus
30.974

Lesson I: Roots, Rocks, and Mycorrhizae

- An introduction to the belowground biological players

Lesson II: Agronomic Benefits from Symbiosis

- An overview of the ROI from nurturing mycorrhizae

Lesson III: Managing P efficient Soils

- Best practices to support biological P supply

46

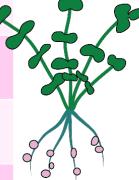
46

23

- What kinds of management decisions impact soil biology, and in what direction?



| Management | Root Size or Activity | AM Benefits |
|--------------------------------|-----------------------|-------------|
| Fertilization | ? | ? |
| Tillage | ? | ? |
| Fungicides | ? | ? |
| Bioinoculants or biostimulants | ? | ? |

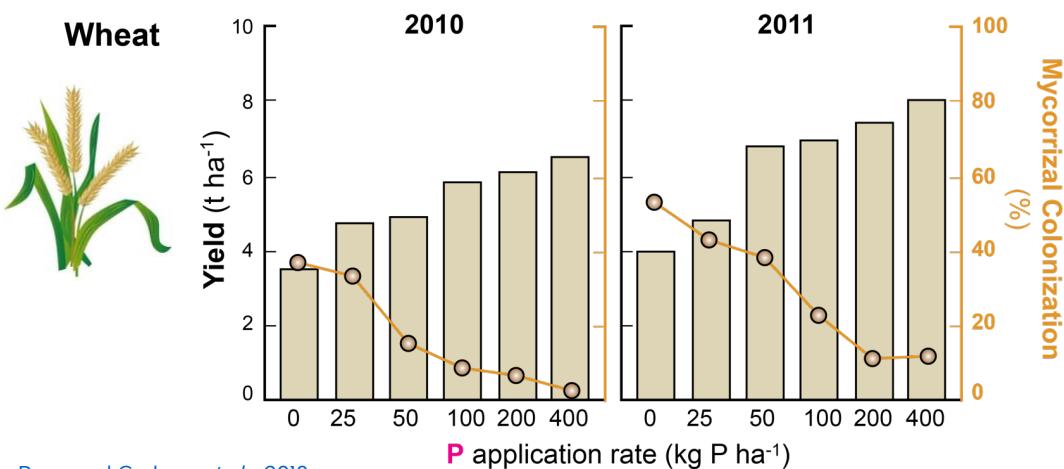


47

47

Fertilization

- AM associations are greatly reduced when **P** fertilizer is applied to fields.

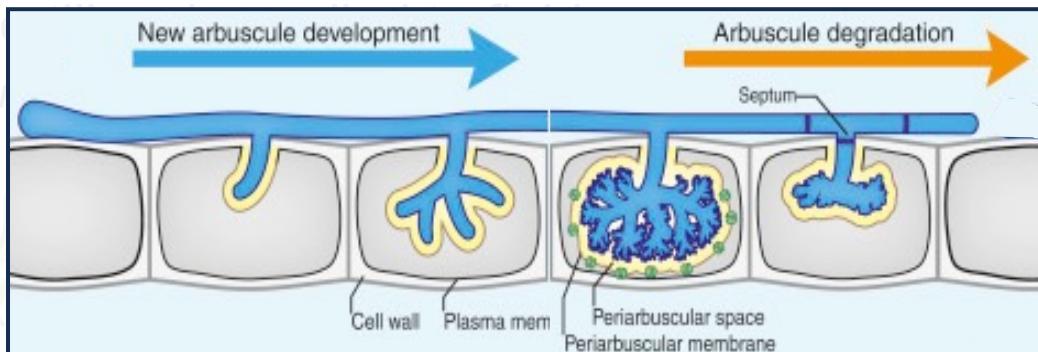


48

48

Fertilization

- AM associations are greatly reduced when P



- Plants **evict AM** when they are not providing a benefit.

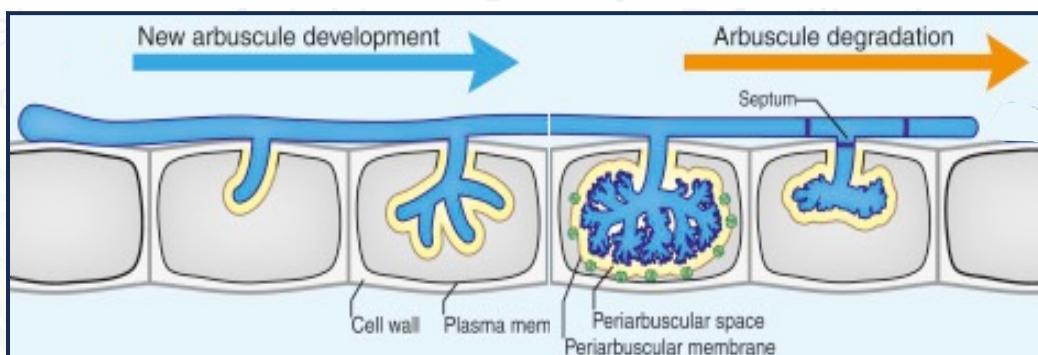
Ryan and Graham et al., 2018

P application rate (kg P ha⁻¹)

49

Fertilization

- AM associations are greatly reduced in corn in



- Plants **evict AM** when they are not providing a benefit.

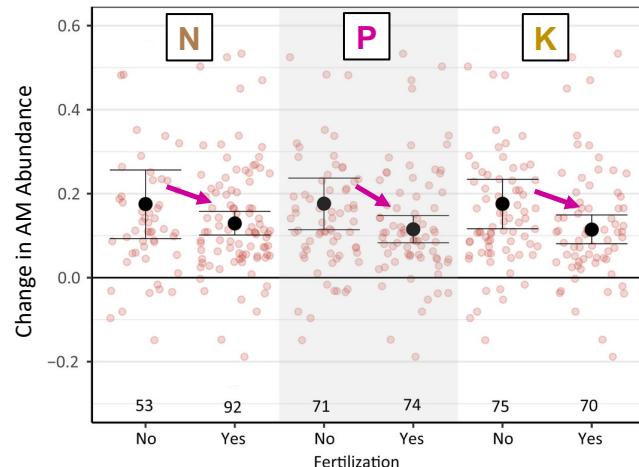
Ryan and Graham et al., 2018

P application rate (kg P ha⁻¹)

50

Fertilization

- Overall, mineral fertilizers tends to reduce the benefit of AM associations, particularly for P.



[Zhang et al., 2018](#)

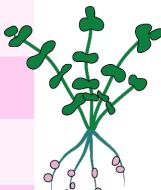
51

51

- What kinds of management decisions impact soil biology, and in what direction?



| Management | Root Size or Activity | AM Benefits |
|--------------------------------|-----------------------|-------------|
| Fertilization | increased | reduced |
| Tillage | ? | ? |
| Fungicides | ? | ? |
| Bioinoculants or biostimulants | ? | ? |

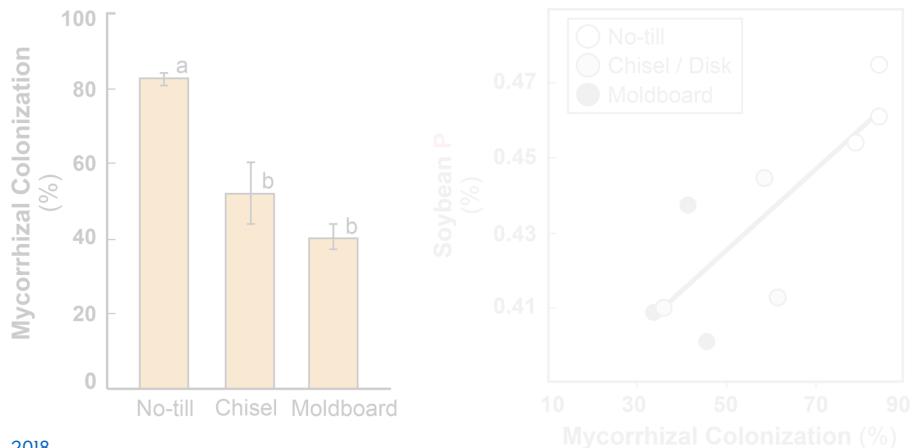


52

52

Tillage

- Reduced tillage can improve the abundance of AM and increase root colonization.

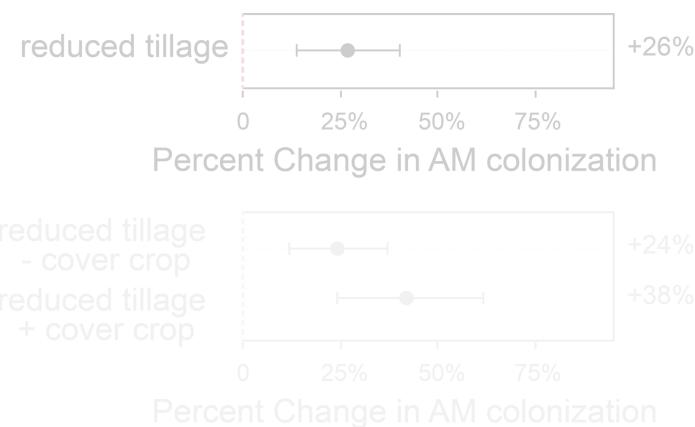


[Carrara et al., 2018](#)

53

Tillage

- Overall, higher tillage intensity reduces AM associations, even for occasional tillage.



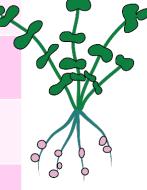
[Bowles et al., 2016](#)

54

- What kinds of management decisions impact soil biology, and in what direction?



| Management | Root Size or Activity | AM Benefits |
|---------------------------------------|-----------------------|-------------|
| Fertilization | increased | reduced |
| Tillage | increased / variable | reduced |
| Fungicides | ? | ? |
| Bioinoculants or biostimulants | ? | ? |

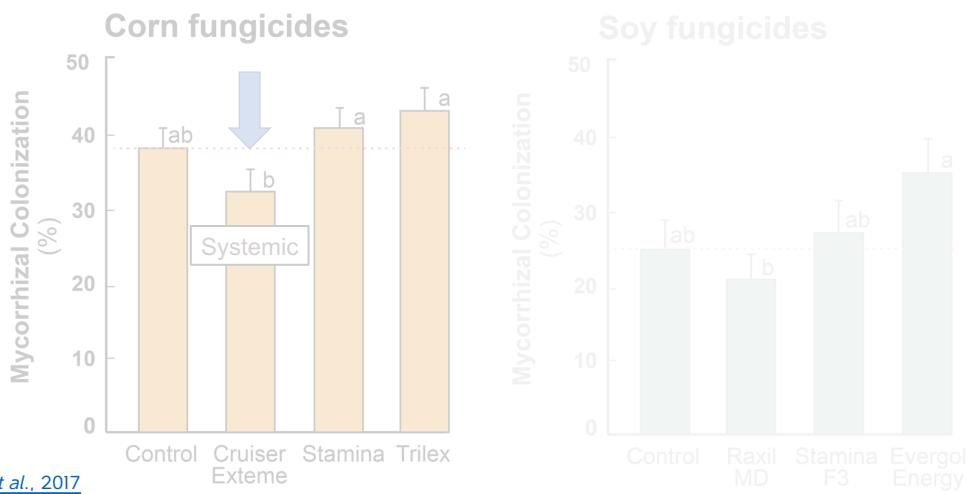


55

55

Fungicides

- Impact of fungicide is minor and varies by ingredient & application (ex. seed vs. foliar)



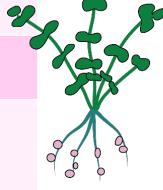
56

56

- What kinds of management decisions impact soil biology, and in what direction?



| Management | Root Size or Activity | AM Benefits |
|---------------------------------------|-----------------------|---|
| Fertilization | increased | reduced |
| Tillage | increased / variable | reduced |
| Fungicides | minimal | minimal (except for systemic fungicides) |
| Bioinoculants or biostimulants | ? | ? |

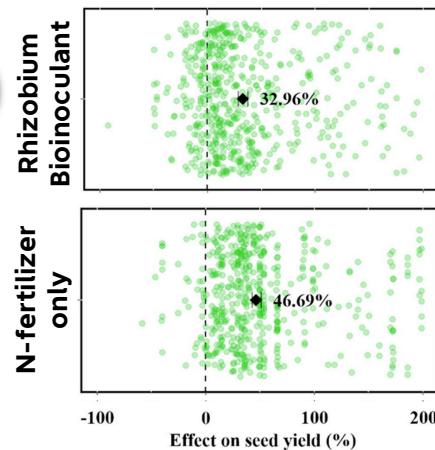


57

57

Bioinoculants

- Bioinoculants are living microbes that provide nutrients to plants



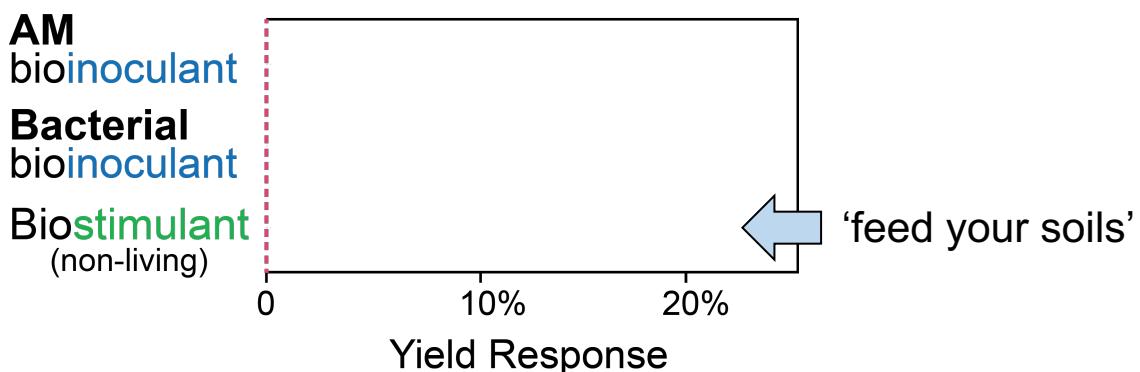
[Santos Sousa et al., 2022](#)

58

58

Biostimulants

- Biostimulants do not contain microbes.
- The application of biostimulants yields a similar increase in yield as bioinoculants.



[Li et al., 2020](#)

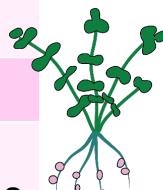
59

59

- What kinds of management decisions impact soil biology, and in what direction?



| Management | Root Size or Activity | AM Benefits |
|--------------------------------|-----------------------|--------------------------------|
| Fertilization | increased | reduced |
| Tillage | increased / variable | reduced |
| Fungicides | minimal | reduced by systemic fungicides |
| Bioinoculants or biostimulants | minimal | increased |

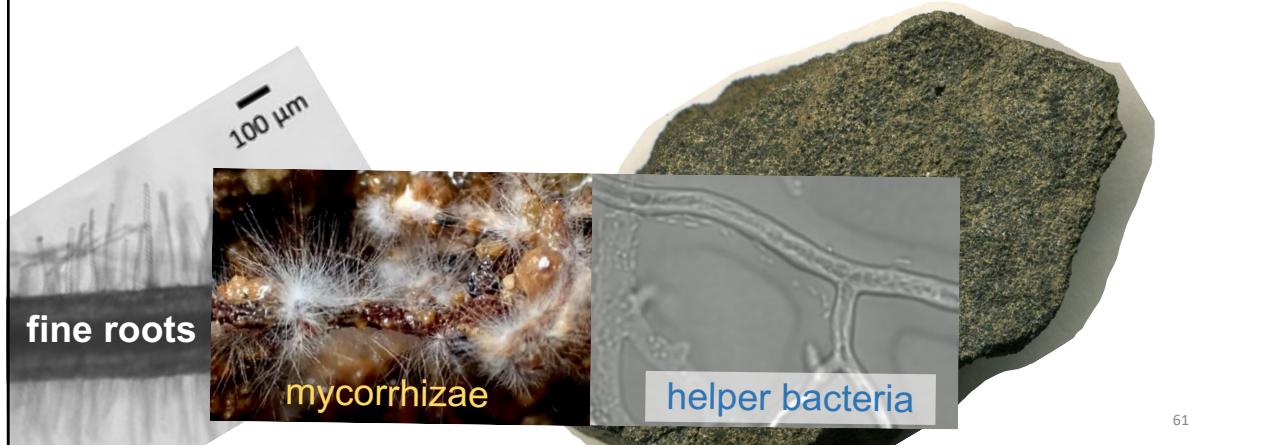


60

60

Take-aways

1. Mycorrhizae and helper bacteria can provide a substantial supply of nutrients (ex. P, K, N) in exchange for plant sugar.



61

61

Take-aways

2. There are always trade-offs: consider the biology, don't obsess over it.

TUESDAY, MAY 28, 1985

Tiny Fungus Emerges as Botanical 'Cornerstone'

New farm uses are being explored.

By ERIK ECKHOLM

ALITTLE-KNOWN family of fungi that inhabits the roots of nearly all the world's plants is inspiring surprises from an increasing number of scientists and farmers. The fungi can be found, says one biologist with only a little hyperbole, "on every grain of sand, in every gram of soil from the Arctic to the tropics." Accounting for some 15 percent of the weight of the world's plant

The diagram illustrates the 'Crucial Symbiosis' between a plant root and a fungus. Labels include: Hyphae, Nutrients and Water, Arbuscules, Root hair, Nutrients and Water, and Vessels. A caption states: 'Components of typical endomycorrhizae in plant root are designated in white. Nutrients absorbed from soil by humus are transferred.'

Keep up with the news – breakthroughs are coming

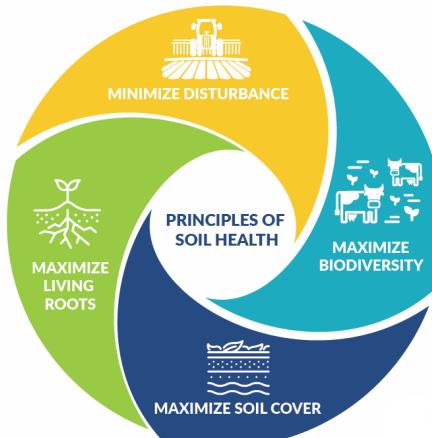
word, said Hugh Bunning, vice president of NPI, a biotechnology company in Salt Lake City. The fungi enter roots in symbiotic partnerships.

62

62

Take-aways

3. Manage for root and AM health with balanced fertilization, reduced tillage, and feeding soils with organic matter.



[image source](#)

63

63

Take-aways

4. Do I need bioinoculants?
 - It depends on whether you have sizeable populations.
 - Add an AM bioinoculant to a batch of seed and monitor results.
 - After 1st year, consider using a biostimulant to keep the AM active

64

64

